

FEMALE BENCH PRESS RESULTS LIFTathon 2022

Name	Team Name	Weight Class	Score Bench
Paige Spradlin	Team Sentara	135 and below	60
Jennifer Coletta	Orange Crushers	136 - 155	51
Kacie Graving	Orange Crushers	135 and below	51
Kayse Stinnett	Phillin' Strong	136 - 155	47
Stephanie Rodriguez	Orange Crushers	136 - 155	47
Tina Massa	Phillin' Strong	156 - 180	47
Charlotte Loen	Streamline Auto: Strong Side	135 and below	44
Tanita Nelson		135 and below	44
Candace Baird	Phillin' Strong	136 - 155	39
Cate Thompson	Streamline Auto: Strong Side	136 - 155	37
Ashley Kailing	HTR Logistics	136 - 155	34
Emily Arnold	Jacked at the Shack	135 and below	33
Jana Henry	TEAM TNDO	135 and below	33
Lexie Johnson	JWFNS1	135 and below	31
Nancy Gonzalez	JWFNS4	156 - 180	29
Brianna Frutchey	JWFNS2	135 and below	26
Cassidy Okiver	Do You Even Lift, Bro?	136 - 155	26
Crystal Armstrong	JWFNS2	135 and below	26
Kayla Dickerson	TEAM TNDO	136 - 155	24
Melissa Berdecia	Team Sentara	135 and below	24
Nicole Robrecht	Jacked at the Shack		23
Taylor McCracken	JWFNS1	135 and below	20
Leana Matsko		135 and below	19
Mya Iisley	JWFNS3	156 - 180	19
Alex Connell	Do You Even Lift, Bro?	136 - 155	18
Daena Kruthoff	JWFNS4	156 - 180	15
Quinci Rice		181+	11
Lara Bolden		181+	5

FEMALE DEADLIFT RESULTS LIFTathon 2022

Name	Team Name	Weight Class	Score DL
Jennifer Coletta	Orange Crushers	136 - 155	97
Paige Spradlin	Team Sentara	135 and below	97
Charlotte Loen	Streamline Auto: Strong Side	135 and below	91
Jana Henry	TEAM TNDO	135 and below	90
Brianna Frutchey	JWFNS2	135 and below	87
Taylor McCracken	JWFNS1	135 and below	85
Kacie Graving	Orange Crushers	135 and below	84
Kayse Stinnett	Phillin' Strong	136 - 155	83
Daena Kruthoff	JWFNS4	156 - 180	82
Candace Baird	Phillin' Strong	136 - 155	81
Leana Matsko		135 and below	80
Cate Thompson	Streamline Auto: Strong Side	136 - 155	78
Stephanie Rodriguez	Orange Crushers	136 - 155	78
Tanita Nelson		135 and below	76
Lexie Johnson	JWFNS1	135 and below	74
Crystal Armstrong	JWFNS2	135 and below	73
Ashley Kailing	HTR Logistics	136 - 155	69
Emily Arnold	Jacked at the Shack	135 and below	65
Alex Connell	Do You Even Lift, Bro?	136 - 155	62
Kayla Dickerson	TEAM TNDO	136 - 155	61
Cassidy Okiver	Do You Even Lift, Bro?	136 - 155	53
Tina Massa	Phillin' Strong	156 - 180	52
Melissa Berdecia	Team Sentara	135 and below	51
Mya Iisley	JWFNS3	156 - 180	50
Nicole Robrecht	Jacked at the Shack		47
Nancy Gonzalez	JWFNS4	156 - 180	43
Quinci Rice		181+	42
Nisa Cochran	JWFNS3	156 - 180	31
Lara Bolden		181+	30
Ashley Obermeyer	HTR Logistics	135 and below	